

# SerenitySpa

by westgate





Along the way we need respite – time to refresh our bodies and time to consider our path. At SerenitySpa by Westgate, we provide imaginative and life-changing intermissions, offering expert treatments to prepare you mentally and physically for your next journey.

Whether you come to us for one of our signature treatments or a full day of restoration, we will help you relax, reflect, and recapture your passion for life.

# ABOUT YOUR EXPERIENCE

## USAGE

We are open to Owners, Guests, and the public. Advance reservations are always highly recommended. The use of our luxurious spa facilities is complimentary with any accompanying spa or salon service. Day use of the spa facilities without a scheduled service is available for \$15 per person.

## AMENITIES

We feature private locker facilities with robe and sandals, sauna, steam room, and showers. Please enjoy our co-ed Cascading Waterfall Whirlpool (swimsuit required), cozy relaxation lounges, and state-of-the-art fitness center.

## GIFT CERTIFICATES

Gift Certificates are available in any denomination, and can be used for both Spa or Salon services as well as shopping in the Boutique.

## ARRIVAL

Please arrive at least 30 minutes prior to your appointment to allow time to check-in, change, and enjoy the spa facilities. If you would like to enjoy the Cascading Waterfall Whirlpool or Steam and Sauna Rooms, we recommend you arrive at least 60 minutes prior to your appointment.

To prepare for your experiences, we recommend taking advantage of all water and heat related amenities (steam/sauna/whirlpool) prior to your appointment rather than after. Continue your respite by relaxing in our men's and women's lounges following your experience to allow yourself full, personal restoration.

In the unfortunate event that you arrive late for your appointment, and in consideration of all guests, services will always end at their scheduled time.

— Spa experiences bearing this symbol are SerenitySpa signature treatments.

### **BOOKING & CANCELLING**

At the time of booking, a credit card is required to reserve appointments. Due to demand, we respectfully ask that you give a minimum of 4 hours notice if you must cancel your appointment. All appointments cancelled within 4 hours will be subject to a 50% cancellation fee, with no exceptions.

### **GENDER REQUESTS**

We are proud to staff both male and female therapists. All of our therapists are professionally trained and have undergone extensive licensing procedures. If you have a preference for either gender, please specify upon booking. We cannot always accommodate all gender requests.

### **SPA PARTIES**

We welcome your birthday celebration, bridal party, corporate group, or other special occasion gathering. Please inquire about special rates.

### **TIMING**

All service durations listed include time allowance for a full consultation with your therapist or esthetician.

### **GRATUITIES**

For your convenience, we will connect a customary 20% gratuity to your treatment charge at check-out, which you are welcome to adjust according to your treatment satisfaction. Alternately, a Spa Advisor can also provide you with an envelope if you wish to leave cash for your service provider.

### **OUR NATURAL RESOURCES**

We are proud to partner with companies that share our vision of wellness. In our ongoing efforts to become more eco-conscious, we are taking steps to help preserve our natural resources. We encourage you to do the same by using only what you need while you are here. We thank you in advance for your conservation efforts.



# MASSAGE

## SIGNATURE MESSAGE

Because everyone's body is different, this is an experience literally like no other. Your spa therapist will design a completely customized, signature massage based on your needs, their professional expertise, and longstanding philosophies of bodywork and muscle manipulation.

After your consultation, we will help you achieve balance by recommending the appropriate massage techniques, self care, and product systems that are right for you.

**No two experiences are alike.**

UPGRADE your massage experience by adding one of the following unique options. Be sure to schedule your treatment upgrade when you make your massage appointment.

## **DRY BRUSH EXFOLIATION**

Enhance moisture retention by smoothing skin before your massage.

## **SERENITY FOR TWO**

Receive your massage together in our luxurious Couple's Suite.

## **HOT STONE MESSAGE**

Warm Basalt Lava stones are used during your massage to create a warming, therapeutic massage. \*This upgrade is only available in a 90 minute treatment

## **HOT OIL SCALP TREATMENT**

A luxurious hot oil scalp treatment with a customized scent

## **FOOT RITUAL**

Extra attention paid to relax and rejuvenate tired feet, sugar scrub and hydrating application of shea butter body balm.





# BODY CARE

## — THE SERENITY SPA RITUAL

This signature, transformative experience is beyond luxurious, beginning with warm, aromatic facial towels and a scent journey. A full body exfoliation warms your body with delightful Aromatherapy sugar scrub. Hydrating & Soothing Shea Butter Body Quench follows while you receive a hot oil scalp massage. Slip into a meditative state during your Signature customized Massage.

## SENSORY FUSION BODY POLISH

Revitalize your skin and body with this invigorating treatment infused with green tea and bamboo powder. This aromatic treatment stimulates circulation during a full-body exfoliation, followed by a warm soothing shower. A restorative green tea, aloe and shea butter massage provides optimal hydration. Shaving is not recommended within 24 hours prior to your scheduled appointment time.

## SHEA BUTTER BODY QUENCH

Journey through a garden of aromas, choosing only the ones that are right for you. After a light body exfoliation, relax in a healing, aromatic cocoon that is designed to deliver pure hydration to your skin. Enjoy a scalp and foot massage while your skin bathes in the benefits of pure shea butter. Body, skin and soul will be replenished.



# SKIN CARE

## — SIGNATURE FACIAL

Because everyone's skin is different, this is an experience literally like no other. Your esthetician will design a completely customized, signature facial based on your skin care needs, their professional expertise, and the philosophies of proper skin care and overall health.

After your consultation, we will help you achieve balance by recommending the appropriate skin care techniques, self care, and product systems that are right for you.

**No two experiences are alike.**

UPGRADE your facial experience by adding one of the following mini-treatments with distinct benefits. Be sure to schedule your treatment enhancement when you make your facial appointment.

### **REFRESH & REPAIR EYE CONTOUR**

Awaken tired eyes to instantly look and feel younger.

### **RENEWAL HAND TREATMENT**

A brightening and anti-aging treatment for youthful looking hands.



# NAIL CARE

## RIVER STONE PEDICURE

Skiers, hikers and shoppers, take note! Enjoy a stimulating foot masque, complete nail and cuticle care, exfoliation, hydration, and SpaRitual polish, all while warm river stones massage and relax your lower legs and feet.

## SPA PEDICURE

Refresh your feet with expert nail maintenance, cuticle care and soothing exfoliation, followed by a custom masque, massage and beautiful SpaRitual polish.

## SPA MANICURE

Treat yourself to gentle exfoliation, a relaxing hand massage and customized masque treatment. Receive expert nail and cuticle care, and elegant SpaRitual polish to finish.

## RESTORING HAND TREATMENT

Brighten and smooth aging hands with this specialized treatment, including complete exfoliation, anti-aging masque, and a multi-fruit blend created to brighten dull skin. No nail or polish work is included.

## POLISH CHANGE

For those on the go – a little change makes a big difference!



## MEN'S QUARTERS

These services are designed specifically for the unique needs of men; however, our male guests are always welcome to choose items from the entire Spa Menu.

### **SIGNATURE MEN'S MASSAGE**

Enhance performance and increase your body's ability to recover from daily stressors. Your therapist will customize your massage to fit your specific muscle needs.

### **SIGNATURE MEN'S FACIAL**

Feel tension slip away as your skin undergoes a relaxing renewal process. Your soothing, customized facial will awaken your senses and keep your skin in great shape.

### **SPORT MANICURE or SPORT PEDICURE**

Customized care for your hands and feet includes proper maintenance and grooming of nails and cuticles, personalized massage, customized exfoliation, and treatment masque.

### **TEAKWOOD BODY SCRUB**

Revitalize your skin and body with this invigorating treatment infused with the aromas of precious woods. Stimulate circulation during a full-body exfoliation, followed by a warm soothing shower. A restorative cedarwood, bergamot and aloe massage provides optimal hydration.





# SPA GENERATION

These relaxing services are designed for our new generation of spa-goers between the ages of 8 and 15. All of these services include unique, personalized coaching time with your massage therapist or esthetician. You will learn better skin, body and nail care practices, as well as ways to decrease stress and maintain a healthy lifestyle.

## **SPA GENERATION MASSAGE**

This massage is designed specifically for the younger, growing body. Release muscle tension from backpacks, book bags, and everyday computer usage. Also great for student athletes who need to relieve muscle stiffness and increase flexibility.

## **SPA GENERATION FACIAL**

This facial is a great way to give your skin a new beginning. Completely customized to treat your skin and no one else's. Also, get insider tips on how to take better care of your skin from the inside-out.

## **SPA GENERATION MANICURE OR SPA GENERATION PEDICURE**

Take advantage of this opportunity to have the best looking nails in the neighborhood. Our vegan, eco-conscious SpaRitual nail lacquers show your true colors and let your personality shine through!

## **SPA GENERATION BROW DESIGN**

We know it can be hard to design your own eyebrows, and it can be tricky if it's your first time. Let us guide you through the right shape for your face and let your eyes do all the talking.

## PERFECT PACKAGES

Take advantage of special prices on these packaged services. If you don't see the combination of services that suits you, choose any three services of 60 minutes or longer, and we'll give you 15% off your entire experience. One guest per package, please (two for A Couple's Hideaway). Packages may be split between no more than two days.

### **A COUPLE'S HIDEAWAY**

Dry Brush Exfoliation	25 minutes
Aroma Bath	25 minutes
Serenity For Two Couples Massage	60 minutes

### **ULTIMATE ADVENTURE**

Signature Massage	60 minutes
Signature Facial	60 minutes
River Stone Pedicure	90 minutes

### **PURE BODY RENEWAL**

Sensory Fusion Body Polish	60 minutes
Signature Massage	60 minutes
Restoring Hand Treatment	30 minutes
Spa Pedicure	60 minutes

### **GENTLEMEN'S RETREAT**

Signature Men's Massage	60 minutes
Signature Men's Facial	60 minutes
Sport Manicure	30 minutes

## PRICE SHEET

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### MASSAGE

Signature Massage	60 minutes	\$120
	90 minutes	\$180

### MASSAGE ENHANCEMENTS

Serenity for Two		\$20 per couple
Dry Brush Exfoliation	15 minutes	\$15
Hot Oil Scalp Ritual	15 minutes	\$15
Foot Relief Ritual	15 minutes	\$15
Hot Stones		\$20

(Hot Stones Enhancement is only offered on a 90 minute treatment)

### BODY TREATMENTS

The Serenity Spa Ritual	100 minutes	\$210
Sensory Fusion Body Polish	60 minutes	\$100
Shea Butter Body Quench	60 minutes	\$100

### SKIN CARE

Signature Facial	60 minutes	\$120
	90 minutes	\$180

### FACIAL ENHANCEMENTS

Refresh and Repair Eye Contour	15 minutes	\$15
Renewal Hand Treatment	15 minutes	\$15

### HAIR REMOVAL

Brow Upkeep	\$20	Brow Design	\$30
Lip or Chin	\$15	Full Face	\$40
Half Leg	\$50	Full Leg	\$80
Bikini High Cut	\$50	Bikini	\$45
Brazilian (women only)	\$75		

### **NAIL CARE**

River Stone Pedicure	75 minutes	\$90
Spa Pedicure	50 minutes	\$70
Spa Manicure	50 minutes	\$40
French Tip Add-On	20 minutes	\$20
Polish Change	15 minutes	\$15
Shellac Manicure	60 minutes	\$60

### **MEN'S QUARTERS**

Signature Men's Massage	90 minutes	\$180
	60 minutes	\$120
Signature Men's Facial	90 minutes	\$180
	60 minutes	\$120
Sport Manicure	30 minutes	\$40
Sport Pedicure	30 minutes	\$50
Teakwood Body Polish	60 minutes	\$100

### **SPA GENERATION (AGES 8-15)**

Spa Generation Massage	30 minutes	\$60
Spa Generation Facial	30 minutes	\$60
Spa Generation Manicure	30 minutes	\$40
Spa Generation Pedicure	30 minutes	\$50
Spa Generation Brow Design	30 minutes	\$30

### **PERFECT PACKAGES**

A Couple's Hideaway	2 hours	\$330 (\$165 per person)
Ultimate Adventure	3.5 hours	\$300
Pure Body Renewal	3.5 hours	\$340
Gentlemen's Retreat	2.5 hours	\$250

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A 20% gratuity is suggested on treatments that have met or exceeded your expectations.

# SerenitySpa

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Spa prices, menu, and policies are subject to change.